



KEY EVENT

Power of Purpose, Dr. Joe Johnson, Ph.D.

“Purpose allows life to create what's destined to come true. Understanding the difference between a ‘PURPOSE’ and ‘DREAMS’ starts with knowing who you are and what is happening in your environment. This session helps to understand the importance of self-esteem, the 4P’s, and the difference between a ‘PURPOSE’ and a ‘DREAM.’”

BREAKOUT SESSIONS (You will receive tickets to disperse to your students.)

You are What You Tweet, Snap, Book, & Gram

Angelia Pressley, MSPR, AP Advertising & Public Relations Worldwide

Ninety percent of young adults use social networking sites. Nearly 1/3 colleges report to have reviewed applicant’s social media sites when considering their application. This session explores how social media is a personal branding tool, explains how one’s social media interactions can imprint one’s future.

The Hidden Truth

Ron Green, CAC, Operation Snatchback

This presentation consist of a highly interactive PowerPoint presentation that will unravel the truth and dangers of drug experimentation, abuse, and addiction. Personal stories, experiential activities, and Q & A will also be inserted.

Marijuana and Synthetic Marijuana

Sgt. Jesse Hembrick, Douglas County Sheriff Office

Tech Sense

Cmdr. Trent Cooper, Douglas County Sheriff Office

Be Empowered

Vincent Irving, Truth Initiative

During this empowerment journey, participants will be introduced to the issue of tobacco and all the great work that truth Finishers have been done to reduce it’s burden on communities. Participants will leave with a better understanding of where they fit in being change agents for their own community.

What’s in Your Relationship Wallet

Mosi Bayo, M.Ed., GA Dept. of Public Health Sexual Violence Prevention Program

During this session, participants will learn how to define interpersonal violence; discuss we learn about relationships; determine what a healthy relationship is; and designate what it takes to have one.

Distracted Driving

Brian Mixon, Ga Governor's Office of Highway Safety

Brian Mixon is a 14-year veteran of law enforcement. He is currently employed full time with the Governor's Office of Highway Safety as the middle Georgia liaison to law enforcement. This session will identify distracted driving, discuss modern trends, and review current case law.

Banking On Our Future

Jessica Washington, Operation HOPE

The goal of this session is to introduce the language of money to students. The complete 5-module curriculum covers Dignity, Budgeting, Banking, Credit, and Savings/Investing.

Wellness Matters-Let's Talk About It

Sanoma Williams, MS, LPC & Teresa Stann, Co-Founder, LRJ Foundation

LRJ Foundations' Interactive Mental Wellness presentations are professionally designed and led by licensed counselors on various topics—social-emotional behaviors, empathy, happiness, bully prevention topics, stress, anxiety, depression, suicide prevention risk factors, self-care, coping strategies and building resilience. Students will be educated on how to live stronger, healthier lives by making mental health a priority.

Movement & Mindfulness

Genevieve Harris, RYT 200 Keep It Moving Yoga & Barre

Kemiko Lawrence, RYTE 200, Harmony Wellness Angels

Research suggests that mindfulness meditation promotes increased awareness, decreases symptoms of anxiety and depression, and improves attention. These gains, in turn are thought to improve emotional stability and memory retention. This interactive activity will present students with self-care skills through movement and breathing techniques.

More than Sad

Stuart Winborne, American Foundation for Suicide Prevention

This program teaches teens to recognize the signs of depression in themselves and others, challenges the stigma surrounding depression, and demystifies the treatment process.

Taking Care of Me

Alison Barreiro-Jones, LCSW, Amerigroup

The training will cover benefits and services for family planning and related health needs. I will need a power point. I will have give-away's for those who attend as well.

Relational Styles-Young Men Only

Langston Walker, Director of Prevention, GA Network to End Sexual Assault

Young men will discuss relational styles and practice communication strategies.

Advisor Session

Dr. Kyle Boone, Ph.D.

Effective Communication Strategies